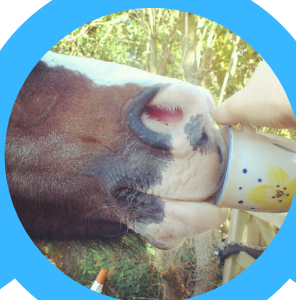


Some of the minimally invasive, minimally aversive behaviour modification techniques I may recommend as a force free behaviourist.

1 Emotional and Physical Health

Are all of their physical, emotional and ethological needs being met? Is their life enriched? Have they been vet checked?

1-7 Owners Perception and Understanding of an issue may need to change in order to help their horse. Educational resources will often be recommended.



2 Antecedent Arrangement
What changes can be made within the animal's environment to support a behaviour change?



Avoid the use of negative reinforcement and punishment / corrections with exception to extreme emergencies such as medical treatments which you are unprepared for.

3 Habituation
Helping them get used to new stimuli at their own pace.



4 Systematic Desensitization
Helping an animal overcome fears they already have. Works well in conjunction with counter conditioning.

5 Counter Conditioning
Helping an animal change their associations towards a stimulus they already find frightening.



7 Differential Reinforcement
Used to 'cherry pick' the desired behaviours. Teaching **incompatible behaviours** may be helpful here.



6 Positive Reinforcement
Used to build new associations and teach new behaviours through classical conditioning.

